



Bringing Up Down Syndrome

www.bringingupdownsyndrome.org

(856) 985-5885

504 Centennial Blvd. #1444, Voorhees, NJ 08043

2017 / 2018 Social Events Calendar

To ALL BUDS Families:

Welcome back to another year of fun social events. Similar to prior years, most of our regular **monthly events will continue to be on the same day (2nd Saturday of each month)**. Families will be able to plan ahead and know that they have at least one activity each month. We would also like to host a few “Parent’s Night Out” and “Mom’s Night Out” events. If any of you have any ideas for these parent only nights or would like to host, feel free to let us know.

Following are the **social group age guidelines** and volunteer coordinators. The age groups are guidelines only, and we combine age groups for some events.

BUDS Kids	(ages 7 and under)	Ashli Helfrich, Candy Oglie, Kristen Nardello
BUDS Tweeners	(ages 8 to 12)	Kim Brooks
BUDS Teens & Young Adults	(ages 13 to 20)	Nancy Scully
BUDS Adults	(over 21)	Jan Brodzinski, Nancy Hennefer, Toni Slowinski

In addition, we will continue the Saturday physical fitness classes **for the athletes on our BUDS Special Olympics teams at Velocity Sports Performance from 10:00 to 11:00** at 2005 Route 70 East, Cherry Hill. Please e:mail Nancy Hennefer at nhennefer@comcast.net if you plan to enroll in the Fall classes which **start on October 21st**.

If you have any questions, ideas for future events, or need any special accommodations at our events (e.g. food allergies) feel free to contact the coordinator for your age group.

Sincerely,
Nancy Hennefer
Social Programs Chairperson



BUDS Social Programs
Chairperson

Nancy Hennefer
(856) 354-0584
nhennefer@comcast.net

“KIDS” Coordinators
(Ages 7 and under)

Ashli Helfrich
ashlifrancis@gmail.com
Candy Oglie
victorian_angel2@yahoo.com

“Tweeners” Coordinator
(Ages 8 to 12)

Kim Brooks
(856) 304-3071
kimzoefinn@gmail.com

“Teens & Young Adults”
(Ages 13 to 20)

Nancy Scully
(609) 634-2019
sadhound@comcast.net

“Adults”
(Over 21)

Jan Brodzinski Toni Slowinski
(856) 232-5312 (856) 427-4088
janbrod6@aol.com
tonislowinski@yahoo.com

SEPTEMBER

BUDS ADULTS OVER 21 ONLY

September 20 Welcome New 21 Year-Olds at Iron Hill Restaurant, Maple Shade, NJ

(Wednesday) Join your host Peter Brodzinski, let's get reacquainted and celebrate a toast for any new 21 year olds, enjoy dining with your BUDS over 21 friends and ordering your own meal. We will also be hosting a separate dinner for the parents to enjoy each other's fellowship and catch up from the summer break.

Place: Iron Hill Restaurant, 124 E. Kings Highway, Maple Shade, NJ

Time: 6:30 p.m. – 8:30 p.m.

RSVP: 9/15 **RSVP NO LATER THAN SEP 15** to Jan Brodzinski (856) 232-5312 janbrod6@aol.com



(Over 21 Only
Bring your ID)

OCTOBER

FAMILY

October 1 “BUDS” 22nd Annual Buddy Walk, Washington Lake Park, Turnersville, NJ

(Sunday) Be sure to come out for our 22nd annual Buddy Walk. This is a great time for the entire family and a wonderful way to meet other families. Registration is just \$5 per person if you register on or before September 15th. If you register after September 15th, registration is \$10 per person. T-shirts can be purchased online in advance for \$10 each, and T-shirt availability cannot be guaranteed after September 15th.

Place: Washington Lake Park, Turnersville, NJ

Time: 10:00 a.m. registration with walk at 11:00 a.m.

Registration: Registration information is at www.bringingupdownsyndrome.org



BUDS ADULTS OVER 21 ONLY

October 7 Nothing Down “Reach for the Stars Gala” at Bally’s in Atlantic City, NJ

(Saturday) Join us for an “Over 21” gala in Atlantic City. We’ll be supporting this awesome fundraiser of our friends at “Nothing Down.” You’ll be able to meet Sean McElwee from the hit show “Born This Way.” You will be responsible for your own transportation to and from Atlantic City. BUDS will cover the cost of the ticket for your family member who has Down syndrome and one adult to attend with them (formal attire for all attendees and black-tie optional).

Place: Bally’s, 1900 Boardwalk, Atlantic City, NJ <http://www.nothingdown.org/reach-for-the-stars-gala>

Time: 7:00 p.m.

RSVP: 9/15 **RSVP NO LATER THAN SEP 15** to Nancy Hennefer @ nhennefer@comcast.net



(Over 21 Only
Bring your ID)

FAMILY

October 8 “21 Down” 19th Annual Buddy Walk, Ocean City Boardwalk, Ocean City, NJ

(Sunday) Since many BUDS families enjoy the shore, let's team up and support our friends at 21 Down for their 19th Annual Buddy Walk. There is no registration fee for your family member who has Down syndrome, and they will receive a wristband at no charge for unlimited rides at Playland from 3:00 to 5:00. Registration for family members is \$15 (without a wristband) and \$25 (with a Playland wristband).

Place: Meet at the 6th Street Civic Center building in Ocean City, NJ (near Wonderland rides) and then the Buddy Walk is from 6th Street to Playland (10th Street) for two hours of rides.

Time: 12:30 p.m. registration with walk at 2:45 p.m. and unlimited rides at Playland 3:00 p.m. – 5:00 p.m.

Registration: Registration information is at <https://www.21down.org/online-registration>

RSVP: If you plan on going, please register at www.21down.org but also let Nancy Hennefer nhennefer@comcast.net know that you are going so we can meet as a team and families can enjoy the walk and rides together.



BUDS KIDS & TWEENERS

October 14 Pumpkin Picking & Hayride at Indian Acres Farm, Medford, NJ

(Saturday) BUDS has been hosting a pumpkin picking event for over 25 years. Come on out for this group favorite, enjoy the bouncy house, playground, and the hayride out to the pumpkin patch to pick that special pumpkin, and then snacks in the party area. BUDS will pay for your child with Down syndrome and up to 3 additional family members. You may purchase additional tickets for other immediate family members as long as you RSVP to let us know they are attending.

Place: Indian Acres, 111 Tuckerton Road, Medford, NJ 08055

Time: 9:30 a.m. – 11:30 p.m.

RSVP: 10/1 **RSVP NO LATER THAN OCT 1** to Candy Oglie at Victorian_angel2@yahoo.com

What to Bring: Snacks will be provided. If you'd like to bring a healthy treat, please RSVP to Candy.



BUDS TEENS & ADULTS

October 14 Hayride & Campfire Cookout at Springdale Farm, Cherry Hill, NJ

(Saturday) Join your hostess Michelle Raubertas for a fun hayride to the Springdale Farm campfire site where we will roast hot dogs, s'mores, and have fun preparing our own meal. **Ages 13 to 20 MUST attend with a parent chaperone.** For ages over 21, it's optional for parents to stay.

Place: Springdale Farm, 1638 Springdale Rd., Cherry Hill, NJ 08034 www.springdalefarms.com

Time: 5:15 p.m. – 7:30 p.m. (**don't be late or the tractor will leave without you at 5:30**)

RSVP: 10/1 **RSVP NO LATER THAN OCT 1** to Cecilia Raubertas (856) 577-1360 or craubertas@gmail.com

What to Bring: Wear sneakers, jeans or sweats, and bring a jacket.



NOVEMBER

BUDS KIDS (2nd Saturday)

November 11 "Bounce U" Party, Cherry Hill, NJ

(2nd Saturday) Join us for a fun time at "Bounce U." Due to space limitations, please be sure to RSVP early before we reach capacity. First come, first served.

Place: Bounce U, 1205 Warren Ave., Cherry Hill, NJ 08002

Time: 1:30 p.m. – 3:40 p.m.

RSVP: 11/1 **RSVP NO LATER THAN NOV 1** to Kristen Nardello at knardello@gmail.com

What to Bring: Shoes must be removed while playing, so be sure to wear socks (preferably with rubber grippers).



BUDS TWEENERS & TEENS (2nd Saturday)

November 11 Cinderella at the Ritz Theater

(2nd Saturday) Join us for the play production of Cinderella, a classic show that can be enjoyed by all ages. BUDS will pay for your family member who has Down syndrome and one chaperone.

Place: The Ritz Theater, 915 White Horse Pike, Haddon Twp., NJ

Time: 1:00 p.m.

RSVP: 10/1 **RSVP NO LATER THAN OCT 1** to Kim Brooks at kimzoefinn@gmail.com

What to Bring: Feel free to purchase your own snacks.



BUDS TEENS & ADULTS

November 25 Dicken's Village and Light Show, Philadelphia, PA

(Saturday) Join us for some transportation training on the "PATCO" high speed line to Philadelphia. We will then be visiting the Dickens village and light show at Macy's.

Place: Meet at the PATCO Woodcrest Station, 200 Tindale Drive, Woodcrest, NJ 08003

Time: TBD (Time will be e:mailed to all of those who RSVP to Toni)

RSVP: 11/20 Toni Slowinski at (856) 427-4088 or tonislowinski@yahoo.com

What to Bring: Parent chaperones are required, and be sure to dress warmly since we will be doing some walking outside in Center City.



DECEMBER

BUDS KIDS

December 2 Holiday Breakfast with Santa at “The Pop Shop” Collingswood, NJ (7 & Under)

(Saturday) Back by popular demand is our annual breakfast with Santa. We have been hosting an event with Santa for over 20 years, and it is a favorite, so be sure to RSVP early.

Place: The Pop Shop, 729 Haddon Ave., Collingswood, NJ www.thepopshopusa.com

Time: 9:00 a.m. – 12:00 p.m. (Please be there by 9:00 to be seated and in time for Santa)

RSVP by 11/5: **RSVP NO LATER THAN NOV 15 (so Santa has time to get gifts) and Please limit your RSVP to your immediate family** so there is space for all of our children with Down syndrome to attend. When you RSVP, provide the names of all attendees, the number of adults, number of children, and whether they are boys or girls. RSVP to Candy Oglie at Victorian_angel2@yahoo.com

Menu: Breakfast will include french toast, scrambled eggs, hash browns and sundaes.



BUDS TWEENERS, TEENS & ADULTS (2nd Saturday)

December 9 Holiday Family Dance Party at Cherry Hill Health & Racquet Club, Cherry Hill, NJ

(2nd Saturday) Let's celebrate the upcoming holidays with what many of us like to do best—dance, dance, and more dance! We will have a DJ and dance the night away.

Place: Cherry Hill Health & Racquet Club, 1820 Old Cuthbert Rd., Cherry Hill, NJ 08034

Time: 7:00 p.m. to 9:00 p.m.

RSVP: 12/1 **RSVP NO LATER THAN 12/1** to Cecilia Raubertas (856) 577-1360 or craubertas@gmail.com

What to Bring: Casual dresses for the ladies and dress slacks for the guys. Please eat dinner before you come. There will be light refreshments (cheese & crackers, vegetables & dip, fruit, snacks).



BUDS TEENS & ADULTS

December 31 6th Annual New Year's Eve Bowling Party a “The Great Event” Cherry Hill, NJ

(Saturday) Join your host Brad Hennefer for our 6th annual New Year's Eve bowling party! The dark lights will be on, there will be a DJ, decorations, and a real New Year's Eve party for our over 21 adults with Down syndrome! **The “Young Adult” group (ages 16 to 20) are also welcome to attend with parent chaperone.**

Place: “The Great Event” 1536 North Kings Highway, Cherry Hill, NJ 08034

Time: 5:00 p.m. – 8:00 p.m.

RSVP: 12/15 **RSVP NO LATER THAN 12/15** to Nancy Hennefer at (856) 354-0584 or nhennefer@comcast.net

What to Bring: Bring your ID card (over 21) to all BUDS adult events.



JANUARY

BUDS KIDS & TWEENERS MOVIE MATINEE

January 13 Kids & Tweeners Movie Matinee, Marlton AMC

(Saturday) Join us for a fun movie matinee, we'll pick one of the new movies released over the holidays that will appeal to both the kids and tweeners age groups.

Place: AMC Marlton, 800 Route 73, Marlton, NJ 08053

Time: The movie selection and time will be emailed to everyone who RSVPs.

RSVP: 1/6 **RSVP NO LATER THAN JAN 6** to Ashli Helfrich at ashlifrancis@gmail.com



BUDS TEENS & ADULTS MOVIE MATINEE

January 14 Teen & Adult Movie Night & Dinner, Carmike Ritz 16, Voorhees, NJ

(Saturday) Join your hostesses Laura and Rachel Williams for a movie at Carmike. We will have an early meal at Applebees and then walk over to the movie theater.

Place: Carmike Ritz Center 16, 900 Haddonfield-Berlin Rd., Voorhees, NJ 08043

Time: 1/6 The movie selection and time will be emailed to everyone who RSVPs.

RSVP : **RSVP NO LATER THAN JAN 6** to Maria Williams (856) 768-3441 williamsmcw@verizon.net

